



SAN FRANCISCO PSYCHOLOGICAL ASSOCIATION

Quarterly Newsletter

Upcoming Events

- 4 Sunday, March 31, 2019
[A Night At The Theater!](#)
SF Playhouse
450 Post St. Floor 2M. SF, CA 94102
- 4 Thursday April 4th 2019. [California Psychological Association Convention](#). Long Beach Hilton. 701 West Ocean Blvd. LA, CA
- 4 Saturday April 13th 2019 at 9:00am.
[Essentials of Suicide Risk Assessment](#).
Alliant Intl Uni. 1 beach St., Room C100. SF, CA
- 4 Monday April 15, 2019 at 8:00 AM
[Integrative Mental Health Conference](#)
Hilton Union Sq
333 O'Farrell St
SF, CA 94102

March 31 2019

Dear SFPA Members,

It is with great enthusiasm that the SFPA Board would like to introduce our quarterly newsletter. In the coming year, we hope to use this newsletter to keep SFPA members apprised about upcoming social as well as professional events, advertise CE opportunities in the community, introduce new members, highlight Board activities, and provide a sampling of psychology-related news and current events. In this edition of the newsletter, we would like to introduce our newly elected board members and provide some information about upcoming events. There are many exciting events in the next few months – a sampling is provided in the left sidebar. For more information, click on the links or visit the SFPA website at www.sfpa.net and check out the calendar section.

Sincerely,
J. Allison He, PhD,
SFPA Board Secretary

2019 BOARD MEMBERS

- **President:** Khashayar Farhadi Langroudi, PsyD
- **President-Elect:** Akiko Kaji, PhD
- **Past President:** Robert Buonfiglio, PhD
- **Treasurer:** Anja Schmitz, PhD
- **Secretary:** J. Allison He, PhD
- **Members at Large:** Allison Danzig, PhD and Bruce Pither, PhD
- **Ethics Chair:** Charles Filanosky
- **CE Chair:** Saara Muscat, PsyD
- **Disaster Response Chair:** Loren Krane, PhD
- **SFPAGS Chair:** Victor Rios, M.S.



Khashayar Farhadi Langroudi, PsyD: I received my first bachelor's degree in Agricultural Engineering from University of Tehran. I moved to the U.S. to continue my education and received my second bachelor's degree in biology Pre-med from NYIT. I received my graduate's degree and doctorate in Clinical Psychology from American School of Professional Psychology at Argosy University – San Francisco. I completed my internship at APA accredited site, IMCES in Los Angeles, CA and my Post Doc residency at Kaiser South SF, focusing on general adult population and eating disorders. My clinical orientation and training is focused on Contextual Behavioral Sciences (ACT, RFT, DBT, & CFT). My recent publication and trainings were focused on intersectionality of gender, sexual minorities and immigrations.



Akiko Kaji, PhD: I was born and raised in Tokyo, Japan and lived in London and Honolulu before I settled in SF. I was a dancer / actress / filmmaker before I became a dance movement psychotherapist in the UK. I graduated from University of Hawaii, with a PhD in Educational Psychology, and completed Doctoral Respecialization Program in clinical psychology at CSPP SF. My private practice office is located in the Japantown neighborhood where I see both adults and children.



Robert Buonfiglio, PsyD: I grew up in New York in a collective culture that emphasized community. Cultivating community both professionally and personally has been important in my life. When I moved to San Diego for my predoctoral program and later to the Bay Area after graduating, I found and created my community through the local psychological associations. Now, settled in SF, I am in private practice, work with Ivy Pay, and I am an active member of SFPA. I have served as Secretary, Continuing Education Chair, President Elect, President, and now Past President. My experiences with SFPA have fostered many personal and professional relationships for me that I greatly value.



Anja Schmitz, PhD: Dr. Anja Schmitz received her PhD in Psychology in Giessen, Germany. I moved to the United States in 2009 for a postdoctoral fellowship at the NIMH where I studied the epidemiology and etiology of mood and anxiety disorders. I am currently working in private practice in downtown SF and specialize in treating clients with anxiety disorders and OCD.



J. Allison He, PhD: I was born in the province of Hunan, in South Central China, and emigrated with my parents to the US when I was six years old. Although I have lived many places, I consider beautiful, sunny California to be home. As a clinical psychologist at Kaiser Permanente in the Inner Richmond, I treat a variety of conditions through both individual and group psychotherapy. I earned my M.S. and Ph.D. in Clinical Psychology at Syracuse University in Syracuse, NY, a program that emphasizes evidence-based practices using a scientist-practitioner model. I am currently developing my private practice in assessing children, adolescents, and young adults for ADHD and learning disorders.



Allison Pennock Danzig, PhD: I was raised in Alabama and New Hampshire before graduating from the State University of New York at Stony Brook with a PhD in Clinical Psychology. Having settled in San Francisco 3 years ago, I co-founded the Marin Center for Anxiety and Behavioral Therapy, a group practice in Corte Madera, CA, where I specialize in providing evidence-based treatments (e.g., CBT, ERP, parent management training) to children, adolescents, and young adults with anxiety disorders and OCD. I have a particular interest in connecting with students and trainees in the community, and am currently growing the training arm of my practice to include supervision and intensive training of using CBT in the pediatric population.



Saara Muscat, PsyD: I did my undergraduate training at McGill university in Montreal and received my doctorate in clinical psychology from the PGSP-Stanford PsyD Consortium in Palo Alto. I am currently working in private practice where I specialize in the treatment of anxiety disorders using CBT.

A big thank you to all of the board members for volunteering their time!

President's Message

And finally, a message from SFPA's newly elected president:

Dear SFPA,

When I relocated to San Francisco to continue my education, I was hoping to find a new home and community to develop deeper connections and further develop my craft. When I was approached by board members of SFPA to run for the President-elect position, I was overwhelmed and excited to serve this vibrant creative organization. I feel this is a tremendous learning opportunity and I look forward to supporting you and the organization.

I am delighted to serve as your President in 2019. Over the past few years, I had the honor of serving several different organizations such as Association for Contextual Sciences and the American Psychological Association. Our organization has grown over the past few years. There have been many positive changes. My main goal will be to maintain these great changes and continue to provide what our members have found beneficial. It is also very important to me to foster an environment where everyone feels included.

I am excited to announce our plans for the rest of the year. I value your feedback, input, and questions. I look forward to connecting with you at our upcoming events. I greatly appreciate the board's contributions in helping to organize the events for this year.

Looking forward to a productive and collaborative year,

Khashayar Farhadi Langroudi, Psy.D.